



Be Ready. Activate your account.

NormanMD is a benefit available at no cost, provided by Sendero Health Plans that gives members 24/7 access to telemedicine for urgent care visits from anywhere in Texas, right from your smart phone, tablet or computer. Register your benefit by following the steps in your welcome email.



24/7 access to local family medicine & pediatric doctors.



Get **medical advice**, treat common ailments, and more.



No appointment needed. **No copay.** Yes, really!

Why patients love us

- ✓ **ON-DEMAND VISITS AVAILABLE 24/7/365**
Connect with a doctor anywhere in Texas, on any device. 93% of visits seen within 3 minutes.
- ✓ **DOCTORS ALWAYS AVAILABLE**
Consult with a family medicine or pediatric doctor right away.
- ✓ **\$0 OUT OF POCKET**
With no copays and deductibles you can focus on your health instead of your wallet.
- ✓ **NO APPOINTMENT NEEDED**
Get advice from a doctor in minutes, no need to schedule.
- ✓ **TOP-RATED SERVICE**
98% of patients would use the service again.
- ✓ **TELEMEDICINE BY TEXANS, FOR TEXANS**
Texas-based employees can talk to local doctors who are aware of the current illnesses and allergies.

Learn more **NormanMD.com**



Save time and money, Start with NormanMD.



NormanMD

FREE

(no copay)

24/7/365 access

Talk with an urgent care doctor in Texas from your smartphone or computer.

- Cold / flu symptoms
- COVID-19 symptoms
- Headaches
- Sprains
- Rashes
- Allergies
- Sinus infections
- Pink eye
- Urinary tract infections
- Minor injuries & illnesses
- and much more



PCP

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(office visit copay)

Appointment

Manage your overall health and stay up to date on recommended screenings.

- Well-care visits
- Routine care
- Referrals & authorizations
- Vaccines
- Medication refills
- Minor injuries & illnesses



Urgent Care

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(urgent care copay)

Walk-in | Appointment

Urgent care when your PCP isn't available & it can't wait for regular office hours.

- Non-life-threatening urgent issues
- Broken bones
- Lacerations
- Persistent vomiting or dehydration



ER

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(ER copay)

Walk-in | Long wait

Emergency care for serious, life-threatening and traumatic symptoms.

- Chest pain, pressure
- Head injuries
- Seizures
- Severe abdominal pain
- Shortness of breath
- Pneumonia
- Severe headaches
- Stroke symptoms

Customer support **512-421-5678**

