

## The Components of Health Care

Primary Care	<ul> <li>Your first stop for general health care.</li> <li>Often called you Primary Care Provider (PCP), other examples include a family practitioner, internal medicine doctor, pediatrician, or nurse practitioner.</li> <li>Your PCP provides or helps you access many types of health care.</li> <li>You should know how much you will pay for primary care visits.</li> </ul>
Specialty Care	<ul> <li>Health care focused on a specific area of medicine.</li> <li>Examples are dermatology, neurology, cardiology, and oncology.</li> <li>PRO You should know how much you will pay for specialist visits.</li> </ul>
Emergency, Urgent & Hospital Care	<ul> <li>Emergency care: for life- or limb-threatening situations</li> <li>Urgent care: for illness or injury that needs treatment right away, but is not life-threatening</li> <li>Hospital care: for treatment or diagnosis that requires overnight stays</li> <li>You should know what your insurance plan covers for each type of care.</li> <li>Knowing what you will pay for urgent and emergency care helps you choose the right place to get help and what to expect.</li> </ul>
Pharmacy	<ul> <li>Any prescription drugs you take.</li> <li>Your insurance will pay some/all of the cost for drugs that are in its "formulary" which is a list of drugs your insurance agrees to pay for.</li> <li>You should know whether any medications you take regularly are in the plan's formulary and how much you will pay.</li> <li>You should know whether generic medications will be cheaper than name-brand.</li> </ul>
Tests & Imaging	<ul> <li>You may need these to diagnose an illness or condition or as part of preventive care.</li> <li>Medical tests can include blood and urine screening.</li> <li>Imaging includes x-rays, MRIs, and CT scans.</li> <li>Knowing how much you will pay helps you make informed choices about your care and plan for the cost.</li> </ul>

## **Questions? Need Help? Contact HAAM!**

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